The Reformation Psalm 46
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Our Reformation Confidence - "God Is Our Refuge and Strength!"

- I. We trust God to deliver us from our sin and guilt.
- II. We trust God to deliver us from our present problems.
- III. We trust God to bring us to eternal peace in heaven.

Dear Christian friends.

<u>Psalm 46 inspired</u> Luther's hymn "A Mighty Fortress Is Our God." This psalm **is also** a <u>nice summary</u> of what the Reformation <u>was and is</u> REALLY ALL ABOUT. **Psalm 46** is a psalm of CONFIDENT TRUST in God's <u>grace</u> and <u>mercy</u> – His <u>power</u> and <u>promises</u>. Psalm 46 <u>reveals</u> OUR REFORMATION CONFIDENCE – "God is our refuge and strength!" With <u>Reformation confidence</u> WE TRUST GOD 1)to <u>deliver us</u> from <u>our sin</u> and **guilt**, 2)to <u>deliver us</u> from our <u>present problems</u> and 3)to <u>bring us</u> to <u>eternal peace</u> in heaven.

I. To deliver us from our sin and guilt.

Deliverance from sin and guilt. That's what <u>Luther was looking</u> for. Luther had <u>learned well</u> God's LAW. He <u>really understood</u> GOD'S holiness and <u>righteousness</u> and HIS OWN <u>sin</u> and <u>guilt</u>. Luther <u>knew God</u> as his RIGHTEOUS JUDGE <u>but not</u> as his GRACIOUS SAVIOR. Luther <u>saw Jesus on</u> the cross – but <u>he didn't see it</u> as we do. For <u>Luther</u> the cross was <u>look what MY SINS DID</u> to Jesus – not <u>look what JESUS DID</u> with my sins. Luther <u>didn't find peace</u> and comfort at Jesus' cross just the <u>dreadful fear</u> of standing before Jesus HIS JUDGE. So <u>as he was taught</u> Luther TURNED to Mary and the saints for their help – he <u>fasted</u> and <u>beat</u> his body – he <u>became</u> a monk – he <u>tried to live up</u> to GOD'S commandments and the CHURCH'S rules. But he <u>had no peace</u> – NO CONFIDENCE of God's **love** and **forgiveness**.

Shortly before he died Luther scribbled a note PART in German and part in Latin – "Hoc est verum – wir sind alle Bettler" – "this is true – we are all beggars." Before God we are nothing but BEGGARS! We didn't come "into the presence of God" this morning PRETTY PROUD of ourselves – confessing that we are BASICALLY GOOD, decent people. We didn't point out to God ALL THE PROGRESS we made last week in cleaning up our lives. We didn't come asking God for a LITTLE MORE time and patience because we really are trying to be good Christians. We confessed – AS GOD'S WORD reveals – "I am by nature sinful – I have disobeyed You in my thoughts, words and actions – I have done what is evil and failed to do what is right – I deserve Your punishment both now and in eternity." Take a HARD, HONEST LOOK at yourself in that mirror of God's law and see yourself as God sees you without Jesus. There's nothing pretty about us! "Wir sind alle Bettler" – BEGGARS!

As Luther <u>studied</u> <u>and taught</u> the Bible at the **University of Wittenberg** he <u>came to know</u> the TRUTH of the gospel – that "God is our refuge and strength, an ever present help" <u>even</u> <u>with</u> our sins! <u>Guilty as</u> we are and <u>so deserving</u> of God's wrath and rejection the <u>gospel proclaims</u> that "the LORD Almighty is with us" and FOR us. We <u>truly are</u> BEGGARS but <u>look what God</u> has ALL DONE and GIVEN us in Jesus!

"Son, born of a woman" to be our all-sufficient Savior. Watch and rejoice AS JESUS LIVES a life perfect in every way and then gives us all the credit for it. Go stand at Calvary's cross and behold the AMAZING GRACE of God that "He did not spare His own Son, but gave Him up for us all." Look WHAT JESUS DID with our sin at the cross! He washed us clean in His shed blood – He fully paid for every single one of our sins. Take to heart that triumphant cry, "It is finished!" – Jesus has taken care of everything. We don't add anything to what Jesus has already done. Take another GOOD LOOK at Jesus' empty grave and rest assured – we have a RISEN, LIVING Savior who shares with us

His Easter victory over death, the devil and hell. "Wir sind alle Bettler" – BEGGARS – but what priceless gifts GOD GIVES us through the gospel – Jesus as our Savior – forgiveness full and free – peace with God – a whole new life as God's dear children – the privilege of prayer – the comfort of God's promises – eternal life in heaven the very moment we die. Having Jesus as our Savior we are the RICHEST – most blessed beggars in the world! Our REFORMATION CONFIDENCE is that we trust God to deliver us from our sin and guilt.

II. To deliver us from our present problems.

Being a **redeemed**, <u>beloved child</u> of God is <u>not the promise</u> of an EASY life. **Actually**, it's <u>the opposite!</u> Being a <u>Christian faithful</u> to God and His Word <u>will bring MORE</u> troubles to us. <u>Look again</u> at that OT reading – those <u>three men</u> in the "fiery furnace." <u>Read again</u> what Jesus said in the gospel reading. <u>Look again</u> at the lives of the **prophets** and **apostles** – of <u>Jesus!</u> – of <u>Luther</u> and the other reformers. <u>PUBLICLY stand up</u> for **what God says** and **wants** and <u>see the reaction</u> you get today <u>from the world</u> and **sometimes** even from **family** and **friends**.

We <u>also have all</u> the **hassles** and **hardships** of <u>life now</u> in a fallen world. **Some** of those problems <u>can be</u> SO TRAUMATIC and **devastating** <u>it can feel</u> **as if** the <u>whole world</u> is CRASHING DOWN around us. <u>That's</u> <u>the picture</u> here - "though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging." That's <u>a picture</u> of TOTAL UPHEAVAL and **chaos** – of <u>life</u> OUT OF CONTROL. Have you <u>had some days</u> like that?

But there's no need to FEAR or PANIC or WORRY. Our Reformation confidence is that God will deliver us from our present problems. "God is our refuge and strength, an ever present help in trouble. Therefore we will not fear... The Lord Almighty is with us; the God of Jacob is our fortress."

<u>Find real comfort</u> and CONFIDENCE in those truths! God is "our refuge" – we flee to God for SAFETY. "Our strength" – God gives us the strength we NEED TO HANDLE whatever. "Our fortress" – literally HIGH PLACE. <u>Picture a castle</u> ON TOP a high mountain <u>inaccessible</u> to the raging enemies down below. This is God saying to you and me, "I'm HERE for you! Call upon Me in the day of trouble, I will deliver you." This is <u>Jesus promising</u> us that "no one can snatch us out of His hand."

"There is a river whose streams make glad the city of God, the holy place where the Most High dwells." A city under attack needs a CLEAN, SAFE, ADEQUATE supply of water. A city cut off from water will EVENTUALLY be defeated. This is a picture of God MORE THAN ADEQUATELY providing for all our spiritual needs through the means of grace – the GOSPEL in Word and Sacraments. Or to use the picture of Psalm 23, "the green pastures and quiet waters" of the gospel.

Oh <u>treasure</u> and <u>faithfully use</u> those **precious** means of grace! Through DAILY DEVOTIONS and <u>weekly worship</u> let God <u>refresh</u> your **soul** – <u>strengthen</u> your **faith** – <u>ready you</u> for LIFE and BATTLE in the world. As <u>Satan bombards</u> you with one temptation after another – as the <u>world beckons</u> with its **empty treasures** and **godless ways** – as your <u>sinful nature fights</u> you **every step** of **every day** – as a <u>quilty conscience nags</u> you **with thoughts** that God DOESN'T LOVE you and WON'T FORGIVE you – DRINK DEEPLY of the gospel – <u>cling tightly</u> to all those **blessings God gave** you in Holy Baptism – <u>come often</u> to this FEAST of Jesus true body and blood "<u>given and shed for you for the forgiveness</u> of <u>sins.</u>" Our <u>Reformation confidence</u> is that we <u>trust God to deliver</u> us from all our present problems.

III. To bring us to eternal peace in heaven.

"The earth giving way, the mountains falling into the heart of the sea, etc." NOT ONLY picture major problems now they also describe Judgment Day and the end of this present world. Peter wrote

that, "On that day the heavens will pass away with a roar, the elements will be dissolved as they burn with great heat, and the earth and what was done on it will be burned up." Revelation shows us the "new heavens and new earth." We will be hearing much more on that in the coming weeks so we won't go INTO DETAIL now. It's also so beautiful – PRECIOUS – COMFORTING.

Our Reformation confidence is that we trust God to bring us to ETERNAL PEACE in heaven. Our confidence is based on God's PROMISES and His PAST DELIVERANCES of His people in their times of need and distress. We see God deliver the Israelites from slavery in Egypt – from the oppression of the Philistines and other countries – from exile in Babylon. We see God watching over and apostles and Paul and the early church in the Book of Acts. We see it in the life of Luther. TIME AND AGAIN God proves His faithfulness to His promises – He delivers His people from ENEMIES TOO BIG for them to handle. He remains our refuge and strength, an ever present help in trouble."

So with Reformation confidence we LOOK FORWARD to the ultimate fulfillment of "He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire." With Reformation confidence we look forward to the ultimate fulfillment of "I will be exalted among the nations, I will be exalted in the earth." The day is surely coming when "at the name of Jesus every knee will bow, in heaven and on earth and under the earth, and every tongue will confess that Jesus Christ is Lord, to the glory of God the Father."

And <u>in the meantime</u> – in ALL THE TURMOIL and **upheaval** of life now – we <u>hear God</u> say, "**Be still, and know that I am God.**" That's <u>God rebuking</u> the WICKED and rebellious. <u>He will have</u> the LAST WORD, not them. That's God <u>telling us</u> to BE PATIENT – to TRUST His <u>promises</u> – His <u>plans</u> – His <u>timing</u>. He WILL COME THROUGH for us <u>at just the right</u> time. AS WE WAIT and <u>deal with</u> life now <u>our Reformation confidence</u> is that "**God is our refuge and strength, an ever present help in trouble."** Amen.

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